DEARBORN
Adult & Community Education/Early Childhood

FALL • 2019
September • October • November • December

Register On-Line @ www.dearbornCEonline.org beginning 8-7-19.
Phone in registration begins 8-12-19.
Dear Friend of Dearborn Adult and Community Education,

The Adult and Community Education program has been a part of our District for decades! It’s one of the reasons we say our district provides learning opportunities for citizens of all ages and why we promote the concept of “life-long learning”.

During the past two decades I’ve seen firsthand how beneficial these classes and programs are in meeting the educational, recreational and childcare needs of our community members. There are plenty of favorite classes returning this fall and new opportunities for learning. I encourage everyone to take a few moments and explore the pages of this brochure. I guarantee you will find a class or two of interest to you or a family member. And, as always, offered at an affordable cost.

For those of us working in the field of education, fall is our second New Year. It’s a time when people seek out new opportunities, broaden their perspectives, and set new goals. This catalogue offers you the opportunity to be well prepared for a new line of work, new hobby, or simply to feel better about your physical or emotional well being.

Don’t hesitate; sign up today and together we will take on the challenges and exciting new adventures ahead.

Regards,

Dr. Glenn Maleyko
Superintendent
Dearborn Public Schools

Dearborn Public Schools Board of Education

Hussein Berry
Mary Lane
Michael Meade
Roxanne McDonald

Adel Mozip
Mary Petlichkov
James Thorpe
ADULT and COMMUNITY EDUCATION
22586 Ann Arbor Trail, Dearborn Heights, Michigan  48127

Adult Education General Information .................................................................. 827-1900

Community Education General Information ................................................... 827-1912

Business & Career Education .......................................................................... 827-1910

Childcare Billing, Developmental Preschool & Early Childhood ................. 827-8350

English as a Second Language/GED Preparation Class/High School Completion 827-1900

Mission Statement
Dearborn Public Schools will provide an exceptional learning environment that empowers every student to succeed in life today and in the future.

Non-Discrimination Policy
The Board of Education declares it to be the policy of this District to provide an equal opportunity for all students, regardless of race, sex, age, color, religion, national origin, marital status, weight, height, handicap, place of residence, or social or economic background, to learn the programs offered through this department.

Students First
Inspire, Educate, Celebrate

Adult and Community Education Brochure
Published three times per year: August, January & April

Dearborn Public Schools, Adult and Community Education, 22586 Ann Arbor Trail, Dearborn Heights, MI 48127
Vol. 28, No. 2

Brochure Editorial Staff
Ioanna Garrisi - Editor
Carol Theisen - Graphics, Layout & Cover Concept

Front cover photo: www.pixabay.com
Back cover photo: Crystal Woroniuk

We encourage questions, comments or suggestions you may have regarding the programs offered through Adult and Community Education.

Ioanna Garrisi
Adult & Community Education Supervisor
Garrisi@dearbornschools.org
<table>
<thead>
<tr>
<th>Index</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Education - p.32-37</td>
</tr>
<tr>
<td>Adult Education Calendar - 32</td>
</tr>
<tr>
<td>Adult Education Registration - 33</td>
</tr>
<tr>
<td>Adult Swim Women Only - 16</td>
</tr>
<tr>
<td>All Day Preschool Childcare - 28</td>
</tr>
<tr>
<td>Aquatic Aerobics - 16</td>
</tr>
<tr>
<td>Arabic - 11</td>
</tr>
<tr>
<td>Asian Appetizers - 9</td>
</tr>
<tr>
<td>Ballroom &amp; Latin Bootcamp - 10</td>
</tr>
<tr>
<td>Ballet Core Pilates - 18</td>
</tr>
<tr>
<td>Basic Drawing - 9</td>
</tr>
<tr>
<td>Basics of Digital Photography - 15</td>
</tr>
<tr>
<td>Benefits for Veterans - 12</td>
</tr>
<tr>
<td>Bootcamp Lite - 18</td>
</tr>
<tr>
<td><strong>Business Education - 7</strong></td>
</tr>
<tr>
<td>Buying &amp; Selling a Home - 12</td>
</tr>
<tr>
<td>Buying &amp; Selling on Ebay - 13</td>
</tr>
<tr>
<td>Cardio Drumming - 18</td>
</tr>
<tr>
<td>Cardio Kickboxing - 18</td>
</tr>
<tr>
<td>Cartoon Drawing - 20</td>
</tr>
<tr>
<td>Case for Term Limits - 13</td>
</tr>
<tr>
<td>CDA - 7</td>
</tr>
<tr>
<td>China Painting - 8</td>
</tr>
<tr>
<td>Cell Phone - 15</td>
</tr>
<tr>
<td>CoEd Learn to Swim - 16</td>
</tr>
<tr>
<td>Cooking - p.9-10</td>
</tr>
<tr>
<td><strong>Community Ed. Calendar - 40</strong></td>
</tr>
<tr>
<td><strong>Community Ed. Registration</strong></td>
</tr>
<tr>
<td>Forms &amp; Info - p.5-6</td>
</tr>
<tr>
<td>CPR - 11</td>
</tr>
<tr>
<td>Crafty Crochet - 9</td>
</tr>
<tr>
<td>Creative Writing - 13 &amp; 26</td>
</tr>
<tr>
<td><strong>Early Childhood Programs - p.27-31</strong></td>
</tr>
<tr>
<td>Elementary Drawing - 20</td>
</tr>
<tr>
<td>English as a Second Language (ESL) - 34</td>
</tr>
<tr>
<td><strong>Enrichment Classes (Adult) - p.8-19</strong></td>
</tr>
<tr>
<td>Fat Burning Pilates - 19</td>
</tr>
<tr>
<td>Furniture Refinishing - 10</td>
</tr>
<tr>
<td>GEAR -D - 37</td>
</tr>
<tr>
<td>GED Classes - 36</td>
</tr>
<tr>
<td>Get Your Home Organized - 10</td>
</tr>
<tr>
<td>Get Out of Debt - 12</td>
</tr>
<tr>
<td>Getting Paid to Talk - 13</td>
</tr>
<tr>
<td>Half-Day Preschool - 28</td>
</tr>
<tr>
<td>Head-to-Toe Body Toning - 17</td>
</tr>
<tr>
<td>Heal Your Gut &amp; Get Healthy - 11</td>
</tr>
<tr>
<td>Healthy Fun Chi Kung - 17</td>
</tr>
<tr>
<td>Help! I Have a Computer- 26</td>
</tr>
<tr>
<td>High School Completion (HSC) - 37</td>
</tr>
<tr>
<td>History of Ford Motor Co. - 13</td>
</tr>
<tr>
<td>How to Write a Book - 13</td>
</tr>
<tr>
<td>HYPE Basketball - 20</td>
</tr>
<tr>
<td>HYPE Elite Volleyball - 20</td>
</tr>
<tr>
<td>Jewelry - 9</td>
</tr>
<tr>
<td>Kids’ Club - 31</td>
</tr>
<tr>
<td>Kids Program Karate - 21</td>
</tr>
<tr>
<td>Kids Swim - 22</td>
</tr>
<tr>
<td>Knifty Knitting - 9</td>
</tr>
<tr>
<td>Landlord Rent - 12</td>
</tr>
<tr>
<td>Lean and Mean Kettlebell - 19</td>
</tr>
<tr>
<td>Learn to Organize Computer Pictures - 26</td>
</tr>
<tr>
<td>Little Dragons Karate - 21</td>
</tr>
<tr>
<td>Little Scholars - 29</td>
</tr>
<tr>
<td>Managing Mounds of Paper - 10</td>
</tr>
<tr>
<td><strong>Map - p.39 &amp; 40</strong></td>
</tr>
<tr>
<td>Microsoft Excel - 7</td>
</tr>
<tr>
<td>Microsoft Word - 7</td>
</tr>
<tr>
<td>Mini Scholars - 29</td>
</tr>
<tr>
<td>Modern Line Dancing - 19</td>
</tr>
<tr>
<td><strong>Money Management - 12</strong></td>
</tr>
<tr>
<td>Montessori Preschool - 30</td>
</tr>
<tr>
<td>Moving to the Oldies - 17</td>
</tr>
<tr>
<td>Out of the Ordinary - 14</td>
</tr>
<tr>
<td>Photography Classes - p.15-19</td>
</tr>
<tr>
<td><strong>Physical Fitness - 16</strong></td>
</tr>
<tr>
<td>Pierogies - 10</td>
</tr>
<tr>
<td>Pool Exercise - 16</td>
</tr>
<tr>
<td>Purrfect Presentation - 21</td>
</tr>
<tr>
<td>Real Estate Basics - 12</td>
</tr>
<tr>
<td><strong>Registration for ESL, GED, HSC - 33</strong></td>
</tr>
<tr>
<td>Retirement Planning - 12</td>
</tr>
<tr>
<td><strong>School-Age Enrichment - p.20-25</strong></td>
</tr>
<tr>
<td>Self Defense - 17 &amp; 21</td>
</tr>
<tr>
<td><strong>Senior Citizen Classes - p.26</strong></td>
</tr>
<tr>
<td>Should I Click on That? - 26</td>
</tr>
<tr>
<td>Sickles Dance - p.23-25</td>
</tr>
<tr>
<td>Social Dancing - 10</td>
</tr>
<tr>
<td>Songwriting - 12</td>
</tr>
<tr>
<td>Spanish - 11</td>
</tr>
<tr>
<td>Strudel, German Fresh Fruit - 10</td>
</tr>
<tr>
<td>Tai Chi - p.17 &amp; 26</td>
</tr>
<tr>
<td>Tamales, Authentic Mexican - 9</td>
</tr>
<tr>
<td>United States Citizenship - 35</td>
</tr>
<tr>
<td>Veterans, Benefits - 12</td>
</tr>
<tr>
<td>Water Walking - 16</td>
</tr>
<tr>
<td>Wee Scholars - 30</td>
</tr>
<tr>
<td>WHFR Radio - 14</td>
</tr>
<tr>
<td>Woodworking - 11</td>
</tr>
<tr>
<td>Yoga - 17</td>
</tr>
<tr>
<td>Zone Toning - 18</td>
</tr>
<tr>
<td>Zumba - 20</td>
</tr>
</tbody>
</table>
Community Education Registration Information

**BUSINESS EDUCATION, ADULT ENRICHMENT, SCHOOL AGE ENRICHMENT**

**REGISTER BY MAIL**
- Mail-in registration begins immediately.
- Complete the registration form below.
- Include check made payable to "Dearborn Public Schools"
- You are automatically enrolled in the class(es) of your choice.

**YOU WILL BE NOTIFIED ONLY IF A CLASS IS FILLED OR CANCELED.**

**REGISTER ON-LINE at www.DearbornCEonline.org** - Begins Immediately

**REGISTER BY TELEPHONE**  (313) 827-1959
- Telephone registration begins **Monday, August 12**
- Call between the hours of 8:30 a.m.- 4:00 p.m., Monday-Friday.
- Use your MasterCard or Visa. Have the number and expiration date when you call.
- You are automatically enrolled in the class(es) of your choice.

**YOU WILL BE NOTIFIED ONLY IF A CLASS IS FILLED OR CANCELED.**

---

**Dearborn Community Education**

**ENRICHMENT COURSE REGISTRATION**

**USE ONE FORM PER PERSON - PLEASE PRINT**

<table>
<thead>
<tr>
<th>Today's Date</th>
<th>Time</th>
<th>E-mail Address</th>
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<th>Last Name</th>
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<th>Apt.#</th>
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<th>Home Phone</th>
<th>Work/Mobile Phone</th>
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<tr>
<th>Check if you are a senior citizen</th>
<th>Birthdate</th>
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<tr>
<th>Course#</th>
<th>Course Title</th>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
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**PLEASE NOTE:** Make check payable to Dearborn Public Schools (Please include telephone number on check)

Check #________________

- MasterCard
- Visa

Credit Card #________________________

Credit card expiration date________________

Name on credit card:________________

**Registration = $5.00 Fee**

**TOTAL**

**MAIL TO:**

Community Education
22586 Ann Arbor Tr.
Dearborn Heights, MI 48127

Registrar/Cashier (initials)________________

**PLEASE NOTE:** You will be notified only if you are NOT placed in the class. There will be a service charge for classes that are dropped.
Community Education Registration Information

BUSINESS EDUCATION, ADULT ENRICHMENT, SCHOOL AGE ENRICHMENT

REGISTER IN PERSON
Walk-in registration locations and dates:
The Heights Center, 22586 Ann Arbor Trail Begins Monday, August 12, 2019 and is ongoing. 8:30 a.m. to 4:00 p.m.

REGISTER ON-LINE
@ www.dearbornCEonline.org Online registration begins Wednesday, August 7, 2019.

*Early registration is encouraged to ensure available space in classes. To accommodate everyone, however, registration is ongoing throughout the term.

OTHER IMPORTANT INFORMATION

CLASS OFFERINGS
The Community Education Department makes every attempt to offer each semester an adequate number of class sections of our most popular classes. However, students may find some classes filled to the maximum enrollment. Waiting lists are established for classes that have filled, and in many instances an additional section of the class will be offered. Classes with inadequate registration may be canceled or shortened. Students are encouraged to register as early as possible during the registration period to avoid disappointment.

ELIGIBILITY
Enrichment Programs: All persons 16 years of age or older are eligible to participate in the Adult Enrichment and Business Education programs. If a student attends high school, he or she must have written approval from a counselor. Please note programs for school age students.

FEES
• Registration fees are due when you register. There is a $5 non-refundable registration fee.
• Phone and fax registrations are only accepted with credit cards.
• Materials’ fees are generally collected the first night of class by the instructor. If a lab or materials’ fee is charged for a class, all students, including senior citizens, must pay the fee.
• Supplies should not be purchased until you know classes will be held.
• $5 Service fee is applies to ALL registrations and covers website cost, registration staff salaries, and bank fees.

IMPORTANT NOTES
• Plan to attend class unless notified otherwise. You will be contacted only if a class is full, canceled or the time/date has changed.
• If the Dearborn School District closes due to weather conditions, Community Education programs will not be held. Call (313) 827-3008 for updates.

RECEIPTS
Unless registering in person, confirmation receipts are not issued. Obtain a receipt by:
• Sending a request, along with a self-addressed, stamped envelope to: Dearborn Community Education, 22586 Ann Arbor Trail, Dearborn Heights, MI 48127
• Stopping by the Dearborn Community Education office, 10:00 a.m.-12:00 p.m. Mon-Fri.

REFUNDS (Enrichment Programs Only)
Drops 48 hours before the first class may receive a full refund, minus a $5 fee. Drops made after 48 hours prior to the first class or 24 hours after the first class will receive a 50% refund. Absolutely no refunds 24 hours after the first class.

Refunds may be applied for in the Community Education office in the Michael Berry Career Center between 10:00 a.m. and 12:00 p.m., Monday - Friday. Tuition refunds are mailed to the student. Please allow at least four weeks for processing.

SENIOR CITIZENS
A person 60 years of age or older, at the time of registration, is eligible to enroll in Senior Citizen daytime and evening enrichment classes for the stated fees.

TUITION & REFUNDS-BUSINESS EDUCATION CLASSES
Resident and non-resident fees are the same, and there are no waivers or discounts of tuition for any enrollee. No refunds will be given for Business Education classes.

Holiday and other dates when classes are not in session are listed in the calendar on the back cover of this brochure.
BUSINESS/CAREER EDUCATION CLASSES

Business Education Classes

Come join us in a business oriented program - it can help you learn new skills or enhance your present ones. Our Business Education Program is proud to have the support and participation of a number of business associations.

Ioanna Garrisi, Business Education Supervisor  (313) 827-1910

Computer Classes

by Nationwide Academic Services

Nationwide Academic Services is a Michigan corporation dedicated to computer and Internet training. They specialize in classroom training courses with instructors that have a minimum of 17 years experience in their field, and are dedicated to ensuring all students receive the training they set out to obtain. Classes are presented at a pace that allow students with a variety of computer backgrounds to achieve success.

Microsoft Excel Level I:

Using Windows 7 & Office 10
Create basic worksheets by entering text, values, and formulas; create formulas by using Excel built in features; move and copy data by using shortcut menus and toolbar functions. Finally, learn how to change the appearance of worksheet data by using a variety of formatting techniques.  

1000-F19A  Heights Center (189)
6-9 p.m.  W  Sept.  11
3 weeks NAS Staff  $135

Microsoft Excel Level II:

Using Windows 7 & Office 10
You will create charts that graphically represent worksheet data, then modify and customize these charts by applying new formatting skills. Enhance these worksheets and charts by using drawing tools and add objects and sort information.

1001-F19A  Heights Center (189)
6-9 p.m.  W*  Oct.  2
3 weeks NAS Staff  $135
*No Class on 10/16

Microsoft Word, Level I:

Using Windows 7 & Office 10
Cover basic Word concepts such as creating and saving documents, opening existing documents, editing techniques, moving and copying information, paragraph formatting, using tabs and creating and modifying a table structure.  

1002-F19A  Heights Center (189)
6-9 p.m.  M  Sept.  9
3 weeks NAS Staff  $135

Microsoft Word, Level II:

Using Windows 7 & Office 10
Create, modify, perform calculations in, and import data into tables. Use styles to affect the appearance of paragraphs and create outlines. Use the templates and document merge with data to create multiple variations of a document, run and edit macros, and format text in columns with graphs.  

1003-F19A  Heights Center (189)
6-9 p.m.  M  Sept.  30
3 weeks NAS Staff  $135
*No Class on 10/14

Microsoft Office, Level II:

Using Windows 7 & Office 10
Create charts that graphically represent worksheet data, then modify and customize these charts by applying new formatting skills. Enhance these worksheets and charts by using drawing tools and add objects and sort information.

1004-F19A  Heights Center (189)
6-9 p.m.  M  Oct.  3
3 weeks NAS Staff  $135
*No Class on 10/16

Child Development Class

CDA Credential - Child Development Associate

Do you like working with children ages 0-5? Do you have your GED or High School Diploma? Are you looking for a career in quality early childhood programs? If you answered YES, then CDA training class is just right for you. This 10 week course is a fast track CDA course that will prepare you for the CDA exam to earn your credential from the CDA Council. In this course, you will receive the following training and technical assistance:

• 120 clock hours of training on various topics of Early Childhood Education to meet the 8 subject areas required by the Council
• Step by Step assistance with building your portfolio
• Volunteer placement for required 480 work experience hours in quality Early Childhood Programs that may lead to employment
• Scholarship assistance if you work in the Early Childhood field

Additional fee for textbooks and CPR payable to instructor.

1005-F19A  Berry Center (Media Center)
6-9 p.m.  Tu/Th  Sept. 3
10 weeks  Dahdah  $700

CALL (313) 827-1959 TO REGISTER!
Enrichment Classes

ENRICHMENT CLASSES
For Adults 16 years and older.

By picking up your telephone and making a call to enroll in an exciting class, you could be learning a new craft, exercising in a pool or gym, planning for your retirement, or hundreds of other options! This semester promises to hold many opportunities for you to fill your leisure hours. Browse through this enrichment section, make your choices, and give us a call to register over the telephone or go on-line to register at www.dearbornceonline.org. We promise to enrich your life!

Ioanna Garrisi, Business Education Supervisor  (313) 827-1910

DAYTIME ENRICHMENT

Many enrichment classes are offered during the daytime hours, primarily for senior citizens aged 60 at the time of enrollment. All classes are open to people other than Senior Citizens who wish to take classes during the day. Priority is given to Senior Citizens; all others are placed on a waiting list. One week before the class begins, the Community Education office will inform you by telephone whether or not there is room available in the class for you. Please see the Senior Citizen’s section of this brochure for class descriptions.

Register On-Line @ www.dearbornCEonline.org

EVENING ENRICHMENT

Arts and Crafts

Basic Drawing
Beginners to advanced students will benefit from exploring a variety of approaches to drawing composition. Develop your own style while becoming proficient with a variety of drawing tools. Exercises are designed to help with the understanding of perspective, shading with light and shadow, creating depth, and color theory.
1121-F19A Dearborn High (L3) 7-9 p.m
W Sept.4 10 weeks
Pawlicki $110 Res/$83 Sr/$120 Non
*No Class on 10/16

China Painting
Learn basic china painting skills while creating a small dish with forget-me-nots and a bisque holiday ornament (time permitting). You will learn to mix paint, load your brush and strokes involved during this 4 week class. Ann Korinek, member of the Michigan China Painting Teachers Association with 40 year of experience, will provide color study with detailed instructions as well as information on local and national china painting resources. $40 Supply fee paid to instructor first night of class (cash or check only) if you do not have painting supplies. Supplies provided include a complete starter kit with paint.
1182-F19A Dearborn High (L1) 6-8:30 p.m.
M Sept. 9 4 weeks
Korinek $60

China Painting—Independent Study
1182-F19B Dearborn High (L1) 6-8:30 p.m.
W Oct. 2 4 weeks
Korinek $60
Enrichment Classes

Crafty Crochet I & II
Learn the first steps in the art of Crochet and or further your skill in a round project. You will learn to Chain, Single Crochet, Double Crochet, and begin pattern reading. You will make a scarf or hat depending on skill level to keep you or a loved one warm. Patterns provided! Class limited to 4. Supplies you will need on the first night of class: 1 size J Crochet Hook or 6mm, 1 skein medium weight (#4 weight) yarn of your choice, *Avoid Dark yarn*, pair of scissors and a ruler or tape measure.

1118-F19A Dearborn High (Media) 6:30-8:30 p.m. W Sept 4 3 weeks Sisoy $60
1118-F19B Dearborn High (Media) 6:30-8:30 p.m. W Sept. 25 3 weeks Sisoy $60
1118-F19C Dearborn High (Media) 6:30-8:30 p.m. W Oct. 23 3 weeks Sisoy $60
1118-F19D Dearborn High (Media) 6:30-8:30 p.m. W Nov. 13 3 weeks Sisoy $60

Jewelry Making & Handcrafting, Beginning & Continuing
This is the beginning, as well as the advanced and continuing, class in the classic making of jewelry. You will learn to use jewelers tools to make several pieces of sterling silver jewelry. You will also use a torch, buffing machines as well as hammers, saws and files. There are some set projects as well as the opportunity to select other projects based on your level of expertise. There is no beading in this class. The cost of each project will vary depending on the amount of silver. $10 lab fee payable to instructor the first night of class. A starter tool kit is available for $80.

1100-F19A Edsel Ford (F1) 6-9 p.m. M Sept 9 10 weeks Hamel $120 Res/$130 Non

Knifty Knitting I & II
Knit I will learn the basics--Cast on, Knit, Purl, Bind off, on a pot holder or scarf and Knit II will learn to knit in the round work on a hat. Patterns provided. Class limited to 8. Supplies you will need on the first night of class: Knit I: 1 pair needles Size 8 or 9 (10" recommended), 1 skein medium/worsted weight yarn of your choice (#4 weight) - avoid dark yarn. Knit II: 1 pair 16 inch circular needles - size 8 or 9, and 1 set double point needles in same size, 1 skein medium/worsted weight yarn of your choice (#4 weight) *Avoid dark yarn* Both I & II bring pair of scissors and a ruler or tape measure.

1119-F19A Dearborn High (Media) 6:30-8:30 p.m. W Sept. 4 3 weeks Martin $60
1119-F19B Dearborn High (Media) 6:30-8:30 p.m. W Sept. 25 3 weeks Martin $60
1119-F19C Dearborn High (Media) 6:30-8:30 p.m. W Oct. 23 3 weeks Martin $60
1119-F19D Dearborn High (Media) 6:30-8:30 p.m. W Nov. 13 3 weeks Martin $60

Cooking Classes

Amazing Asian Appetizers
NEW!
Join us for a fun filled evening where you’ll work on your own to make dozens of fresh Chinese egg rolls, pot stickers (Chinese dumplings), Thai spring rolls, and Vietnamese spring rolls from scratch all stuffed with a delicious seasoned beef, beef and pork, or chicken filling with lots of freshly chopped veggies and seasonings. Learn to work with the different styles of edible wrappers that are use to making all of these yummy appetizers. Send an EMAIL to supplylist@gmail.com or call Andrea, the instructor, at 586-549-7648 for a list of supplies to bring to class.

1187-F19A Dearborn High (E10) 7:00-9:30 p.m. W Oct. 9 1 session Andrea $36

Authentic Mexican Tamales in Corn Husks
NEW!
Making mouthwatering tamales from scratch is so much fun! You’ll work on your own to make fresh corn masa (the tamale's outer layer), then prepare a scrumptious beef, beef and pork, or chicken filling that's flavored with delicious salsa and lots of your favorite freshly chopped veggies and cheeses. Next, you'll learn how to properly shape and stuff your tamales into real corn husks. Send an EMAIL to supplylist@gmail.com or call Andrea, the instructor, at 586-549-7648 for a list of supplies to bring to class.

1188-F19A Dearborn High (E10) 7:00-9:30 p.m. W Sept. 25 1 session Andrea $36

CALL (313) 827-1959 TO REGISTER!
German Fresh Fruit Strudel

Come join us and work on your own to prepare two luscious, sinfully sweet fresh fruit strudels that are overstuffed with freshly prepared apple or cherry filling and surrounded with multiple layers of flaky, melt-in-your-mouth butter pastry. Once you've learned the technique you'll be able to prepare endless varieties of fruit fillings when you make more strudel at home. Send an EMAIL to supplylist@gmail.com or call Andrea, the instructor, at 586-549-7648 for a list of supplies to bring to class.
1189-F19A Dearborn High (E10) 7:00-9:30 p.m. W Nov. 6 1 session Andrea $36

Perfect Pierogies

In this fun, hands on class you'll work on your own to make about 2 dozen fresh and delicious pierogies from scratch that are overstuffed with your favorite fillings. Learn endless ways to flavor and season your dough and how to create all kinds of wonderful savory and sweet fillings as well. You'll never buy store brand pierogies again. Send an EMAIL to supplylist@gmail.com or call Andrea, the instructor, at 586-549-7648 for a list of supplies to bring to class.
1133-F19A Dearborn High (E10) 7:00-9:30 p.m. W Sept. 18 1 session Andrea $36

DIY Home & Garden/Fix It

Furniture Repair & Refinishing

Is Grandma’s rocker still in your basement waiting for you to bring it back to its’ original glory? Are you looking to repair the living room chair rather than replace it? Well, here’s your chance to learn basic skills to repair and refinish your antique to contemporary furniture under the guidance of an instructor in a lighted, well ventilated facility. Bring your first project to class. Skills to be learned include basics about wood identification and furniture dating, minor wood repair, finish repair, finish removal or cleaning, stain and finish selection and application, seat weaving, and simple upholstery (no sewing). All projects must be brought to class each week, there is no place to store projects, but there is no limit to amount of projects started. Examples include chairs, tables, small dressers, foot stools, trunks, etc. All refinishing materials are provided; seat weaving and covering materials are student provided. Lab fee of $30, payable to the instructor the first night of class.
1105-F19A Dearborn High (E-8) 6-9 p.m. W Sept. 11 10 weeks Alton $130 Res/$98 Sr/$135 Non

Get Your Home Organized This Fall

Learn how to declutter and get organized. Can you find what you need when you need it? Are you wasting precious time looking for things you know you have, but finally give up and re-buy them? Join professional organizer, Cindy Greenleaf as she teaches basic organizing techniques that will make your life less chaotic and possibly recover a little “me time.” Learn tips to organize various problem areas throughout your home. There will be a question-and-answer period at the end of class.
1516-F19A Dearborn High (A2) 6:30-8:30 p.m. M Sept. 16 1 session Greenleaf $45

Managing Mounds of Paper

I know it’s here somewhere!!

Do you have stacks of household paperwork lying around your home? Are you overwhelmed by the thought of sorting through these papers, but know there are important documents buried in the piles? Are you a Piler or Filer? Join Professional Organizer Cindy Greenleaf as she provides simple tips to guide participants through the process of sorting your paperwork, decision-making, purging and storing it. There will be a question-and-answer period at the end of class.
1177-F19A Dearborn High (A2) 6:30-8:30 p.m. W Sept. 18 1 session Greenleaf $45

Register On-Line @ www.dearbornCEonline.org
Enrichment Classes

**Woodworking, Beginning to Intermediate**
This course is an introduction to basic woodworking techniques and stationary power tools. Students should come with project ideas and/or plans for a project. Student must supply own wood. Enrollment is limited. **Lab fee of $25 payable to the instructor.**

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<thead>
<tr>
<th>Course Code</th>
<th>Location</th>
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<th>Instructor</th>
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<tbody>
<tr>
<td>1106-F19A</td>
<td>Dearborn High (E-8)</td>
<td>6-9 p.m.</td>
<td>Fellows</td>
</tr>
</tbody>
</table>
| M           | Sept 9*  | 10 weeks | $130 Res/$98 Sr/$135 Non

*No Class on 10/14

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**Arabic, Beginning**
This course seeks to introduce students to the basics of reading and writing in the Arabic language. Concurrently, students will gain a greater understanding of Arab culture. Through this course, students will gain a meaningful introduction to Arabic and leave prepared to more readily integrate the Arabic language into their lives.

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<tr>
<th>Course Code</th>
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<th>Instructor</th>
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<tbody>
<tr>
<td>1204-F19A</td>
<td>Dearborn High (B12)</td>
<td>5-6:30 p.m.</td>
<td>Tufaili</td>
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</tbody>
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| W           | Sept 18*  | 10 weeks | $95 Res/$70 Sr/$103 Non

*No Class on 10/16

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**Arabic, Intermediate**
This course is intended to further the skills you have learned in Basic Arabic. In Basic Arabic, students learned essential phrases and the alphabet. Here, students will continue their literary and colloquial education. Students will learn more complex verbal communication skills and will learn basic sentence structure. By the end of this course, students will have a better understanding of elementary grammar and will be able to carry on more dynamic conversations in Arabic.

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<tr>
<td>1233-F19A</td>
<td>Dearborn High (B12)</td>
<td>6:30-8 p.m.</td>
<td>Tufaili</td>
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</table>
| W           | Sept 18*  | 10 weeks | $95 Res/$70 Sr/$103 Non

*No Class on 10/16

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**Spanish, Beginning**
This class will introduce students to Spanish conversation, grammar and vocabulary. Emphasis will be placed on basic comprehensive listening, reading, speaking and writing. Sixteen hours of instruction in this language learning experience will allow for class interaction. Course materials will be made available in class to promote communication with others. Instructor is a native speaker and has been teaching for over 25 years.

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<th>Time</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>1449-F19A</td>
<td>Dearborn High (A12)</td>
<td>6-9 p.m.</td>
<td>Waldon, R.N.</td>
</tr>
</tbody>
</table>
| W           | Sept 18  | 1 session | $30

*No Class on 10/16

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**Health**

**Heal Your Gut and Get Healthy!**
It is said that the gut is your second brain. You will learn how the gut is where your health starts. With obesity, diabetes, inflammation, disease and allergies at an all time high, the only things we are offered are prescription drugs and expensive trips to the doctor. It can make you feel hopeless. In this 1 hour course you will be educated on not only the possible causes of these and other health issues, but it will empower you to take your health and energy back! We will discuss gut health, the effects that antibiotics and sugar have on your brain and body; and how detoxifying your body with food can actually heal your body when you increase nutrient intake. Students will learn how our foods have changed and how our bodies are affected. You will leave feeling like you can go home and immediately implement the guidelines for health and change habits you didn’t know you should or think you could!

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<tr>
<td>1537-F19A</td>
<td>Dearborn High (A5)</td>
<td>6:30-7:30 p.m.</td>
<td>Pozek</td>
</tr>
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</table>
| W           | Sept 18   | 1 session | $25

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<tr>
<th>Course Code</th>
<th>Location</th>
<th>Time</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>1537-F19B</td>
<td>Dearborn High (A8)</td>
<td>6:30-7:30 p.m.</td>
<td>Pozek</td>
</tr>
</tbody>
</table>
| M           | Oct. 21   | 1 session | $25

**HeartSaver CPR/AED**
This 3 hour course is designed to teach CPR and relief of choking in adults and children, and infant CPR and relief of choking with the use of barrier devices for all ages. Additionally, participants will learn the use of an AED. This course is recommended for those who have a duty to respond to a cardiac emergency because of job responsibilities or requirements. After successful completion of practical skills testing, you will receive an American Heart Association® certification card valid for 2 years. **A material fee of $25, payable in cash only, due on the night of class.**

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<tr>
<td>1449-F19A</td>
<td>Dearborn High (A12)</td>
<td>6-9 p.m.</td>
<td>Waldon, R.N.</td>
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</table>
| W           | Sept 18   | 1 session | $30

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**CALL (313) 827-1959 TO REGISTER!**
Enrichment Classes

Money Management

The contracted professionals teaching the business classes in this section understand that this is not an opportunity to solicit business. The goal of these instructors is to provide information in the various areas of financial planning, investments and legal issues. All materials provided by each individual are strictly for educational purposes only. Dearborn Public Schools cannot be responsible for any business conducted between a student and a contracted instructor outside of the class schedule.

Benefits for Veterans and Their Families

Navy Veteran and instructor, Patrick Shearer will conduct an overview of the myriad of benefits available to veterans and their families from the Federal Government, the State of Michigan, local communities, and Non-Government organization. The class will include a summary of benefits available to veterans or their survivors in a number of categories including housing, home loans, educations, rehabilitation, insurance, employment, and health care. You will also receive a list of contact information for all source organizations. There is an abundance of resources available to veterans. The challenge is often finding the right benefit, who provides it and how to access that resource. The process can be overwhelming. This class can help you get started on a road to a better life!

1372-F19A Dearborn High (A14) 6:30-8:30 p.m.
W Oct. 23 1 session
Shearer

$25

Landlord–Rent for Maximal Profit

Whether you are a first time or seasoned landlord you should know how to rent ‘right’. The focus of the class will be on obtaining quality tenants that pay on time and take care of your home, standard contracts, the credit and verification process and more. Optional Book Fee Purchase $45

1320-F19A Dearborn High (A14) 6:30-8:30 p.m.
M Oct. 28 1 session
Kapsalis

$47

Real Estate Basics

for the Beginning Investor

Buy Low-Sell High. 70% of the richest people in the world made their money in real estate. So where do you begin? This class will allow you to understand why this is the "best market" to invest in real estate and how to get "deals on foreclosures" and the advantages of being a landlord in today's market.

Optional Book Fee Purchase $45

1321-F19A Dearborn High (A14) 6:30-8:30 p.m.
M Oct. 21 1 session
Kapsalis

$47

Retiring Planning Today

Retiring soon or currently retired? Learn from a veteran financial advisor how to determine the amount needed to retire, create goals, convert IRA’s, reduce taxes, and eliminate debt.

1344-F19A Dearborn High (A8) 6-9 p.m.
W Sept. 11 & 18 2 sessions
Cousino

*No Class on 10/16

$107

Creative Songwriting

(Intermediate-Advanced.) Focus: Making songs memorable. Take your songwriting to the next level with creative instruction, songwriting assignments and live performance. You’ll receive a folder to fill with printed resources and the opportunity to complete one or more songs during the course. Instructor Dave Caruso is an award-winning pop songwriter and the host of the "Songwriter Stories" podcast.

1377-F19A Dearborn High (A5) 6-7 p.m.
M Sept. 16* 8 weeks
Caruso

*No Class on 10/16

$107

Songwriting Essentials

(Experience is optional.) Focus: Understanding song structure and songwriting basics. Unlock your songwriting potential with creative instruction, live demonstration and in-class writing assignments. You’ll receive a folder to fill with printed resources and the opportunity to complete one or more songs during the course. Instructor Dave Caruso is an award-winning pop songwriter and the host of the "Songwriter Stories" podcast.

1376-F19A Dearborn High (A5) 6-7 p.m.
M Sept. 16* 8 weeks
Caruso

*No class 10/16

$107
Getting Paid to Talk - Making Money with Your Voice

**An introduction to professional voice overs**

This exciting class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the Internet in your area. We will cover all the basics, including how to prepare the all-important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer. We have created a new web-accessible page - [http://www.voicecoaches.com/gptt](http://www.voicecoaches.com/gptt) - with detailed information specifically about our Getting Paid to Talk class. **Space is limited, and registration closes one week prior to class, so register early.**

**1437-F19A Dearborn High (A12) 6:30-9 p.m.**
**M Oct. 21 1 session**
**Voice Coaches $35**

**The History of Ford Motor Company up to 1980**

Step into the past with this decade by decade review of the history of the Ford Motor Company provided by retired Ford employee, Patrick Shearer. We'll start from Henry Ford's earliest adventure into the automobile industry (there were two attempts before Ford) and travel up to 1980. You'll see the highs and lows. We'll talk about the rich history of products and people that have made Ford Motor Company great. Come learn about the Ford family, Harry Bennett, the Whiz Kids, the Edsel, and scores of other fun facts. To enhance the experience, please bring your own Ford Historical items and stories to share.

**1534-F19A Dearborn High (A14) 6:30-8:00 p.m.**
**W Sept. 11 1 session**
**Shearer $25**

**How to Write a Book in 30 Days**

Have you ever imagined writing a book? This course is designed for those writers who would like to break into the publishing world by writing their first book. Have you been putting it off? Learn simple ideas to get you started writing and sticking with it so you can finish your book. **A $25 material fee, which will include 3 sample books, payable to the instructor the first night of class.**

**1484-F19A Dearborn High (A12) 6:30-8:30 p.m.**
**W Oct. 9 1 session**
**Staley $40**
Out of the Ordinary
Into the Extraordinary

Spend an evening with Psychic Arts Consultants Robert and Pamela Taylor learning about what the future holds for you. Robert has lectured on metaphysics worldwide and has studied the Vedic texts for seven years in India as a Hindu monk. Pamela is a spiritualist minister who has been working with and sharing her spiritual gifts from a young age.

**Take one class or sign up for all 3 (Series)!**
These classes are offered for entertainment purposes only, and in no way reflect the policy of Dearborn Public Schools.

**Past Lives, Future Fortunes**
Find out the true nature of yourself in relationships to past lives. Robert will use an ancient Indian oracle to explore both your past and your future.

1483-F19A Dearborn High (A16) 7-9 p.m.  
M Sept. 30 1 session  
Robert Taylor $25/Series $65

**Auras & Chakras**
Learn the significance of your Chakras (energy centers of the body), their connection to your aura and your astral body. Discover the colors of your aura and what that means to you.

1538-F19A Dearborn High (A16) 7-9 p.m.  
M Oct. 7 1 session  
Robert & Pamela Taylor $25/Series $65

**Psychic Fun Night**
Enjoy an evening of psychic entertainment with Robert and Pamela as you learn about predictive techniques and experience a reading of your choice.

1433-F19A Dearborn High (A16) 7-9 p.m.  
M Oct. 21 1 session  
Robert & Pamela Taylor $25/Series $65

**Out of the Ordinary Into the Extraordinary** - SERIES
This is where you pay one price and you will go to all three sessions of the classes listed above.

1800-F19A Dearborn High (A16) 7-9 p.m.  
M Sept. 30, Oct. 7 & 21 3 sessions  
Pamela/Robert Taylor Series $65

*$65 for all 3 Sessions*

**WHFR Radio Staff Training**
Experience local radio broadcasting and maybe even become a volunteer staff member with WHFR Radio Staff Training. Radio station rules and procedures, basic equipment operation and performance skills will be covered. WHFR is an independent, non-commercial, FM broadcast radio station, operating from Henry Ford College, with a student and alumni volunteer staff of about 60 persons. WHFR provides programming every day of the year and also broadcasts a world-wide live stream through its website, www.whfr.fm. WHFR features an "Alternative Variety" format -- music and information little heard elsewhere on other Detroit area stations, including local, independent music, topical local news and public affairs.

Classes meet weekly in the HFC Student Center (M Building) Room M-119, on the main campus of Henry Ford College, 5101 Evergreen Road, in Dearborn.

1486-F19A HFC Student 6:30-8:20 p.m.  
W Aug. 28 8 weeks  
HFC Staff $127

1486-F19B HFC Student 2:10-4 p.m.  
Th Oct. 17 8 weeks  
HFC Staff $127

**All Dearborn Public Schools are ADA compliant (American Disabilities Act).**

Please call (313) 827-1910 for information on accessibility.

Register On-Line @ www.dearbornCEonline.org
Photography

Basics of Digital Photography

Course Requirements: A digital camera capable of full manual exposure. Bring your camera and the manual to all sessions.

This series of courses will help you understand the basic functions and setting of most digital cameras, how to achieve proper exposure and the basics of composition, and lead you toward taking control of your photography.

Session 1: Digital Camera Basics
Understanding the basic settings common to most digital cameras and how your camera sees the world to capture a photograph. Introduction to important camera settings and terminology.
1475-F19A Whitmore Bolles (102) 6-8 p.m. Tu Sept 24 1 session Malyn $35

Session 2: Begin to take technical control
Wondering why your digital photos are too dark, too light, or out of focus? Learn the basics of metering and adjusting and balancing the exposure triangle for proper exposure in aperture priority, shutter priority and manual modes.
1475-F19B Whitmore Bolles (102) 6-8 p.m. Tu Oct. 1 1 session Malyn $35

Session 3: Begin to take creative control
Wondering how to freeze or blur action, create a soft or sharp background, achieve or avoid a silhouette? Introduction to the concept of creative control versus technically correct exposure and the basic rules of composition, how they relate to various photography styles and when to break them.
1475-F19C Whitmore Bolles (102) 6-8 p.m. Tu Oct. 8 1 session Malyn $35

Beyond the Basics of Digital Photography -- SERIES
Pay one price and you will go to all three sessions of the classes listed above.
1475-F18D Whitmore Bolles (102) 6-8 p.m. Tu Sept. 24, Oct. 1 & 8 3 sessions Malyn Series $100

Beyond the Basics of Digital Photography
Course Requirements: A digital camera capable of full manual exposure, preferably a DSLR. You’ll need a basic understanding of digital photography terminology and settings covered in the Basic series. Bring your camera and manual to all sessions.

Taught by Debbie Malyn, a local up-and-coming photographer/graphic designer. Concepts will be explained and demonstrated, along with some opportunities to shoot photos in class if space permits.

Session 1: The Most Important Setting
Why your creative vision should drive your settings and how to adjust them the look you want. We’ll discuss composition and technical considerations.
1476-F19A Whitmore Bolles (102) 6-8 p.m. Tu Oct. 15 1 session Malyn $35

Session 2: Understanding Light
Creative considerations for light and shadows. Techniques to achieve good exposure even in difficult lighting situations.
1476-F19B Whitmore Bolles (102) 6-8 p.m. Tu Oct. 22 1 session Malyn $35

Session 3: Depth of field and motion in the Real World
Walk inside and out at Dearborn High for hands on instruction and real world practice, exploring controlling depth of field and motion to achieve your creative vision.
1476-F19C Whitmore Bolles (102) 6-8 p.m. Tu Oct. 29 1 session Malyn $35

Beyond the Basics of Digital Photography -- SERIES
This is where you pay one price and you will go to all three sessions of the classes listed above.
1476-F19D Dearborn High (A5) 6-8 p.m. Tu Oct. 15, 22, 29 3 sessions Malyn Series $100

*$100 for all three Sessions*

Cell Phone Photography
Creative and technical tips for taking better photos with your cell phone.
1349-F19A Whitmore Bolles (102) 6-8 p.m. Tu Sept. 10 1 session Malyn $35

CALL (313) 827-1959 TO REGISTER!
Enrichment Classes

Pool Exercise -- COED
This exercise program enhances your fitness level by working on flexibility, cardiovascular conditioning and muscular strength.
1503-F19A H. Ford Elem (Pool) 7:30-8:20 p.m.
Tu Sept. 17 12 weeks Elements of Exercise $84

**Water Walking**
-- Now offered 2 days/week!

Water Walking / Water Aerobics Combo
Get the best of both worlds! This combination of aerobic aquatics and zero-impact water walking while wearing a flotation belt or the use of a noodle will blast calories and make you feel your best! Half an hour of water walking is said to be equivalent to a two-hour walk on land.
1594-F19A H. Ford Elem (Pool) 5:30-6:20 p.m.
W Sept. 18 12 weeks Elements of Exercise $84

Water Walking
This one hour class will offer students zero-impact aerobic exercise wearing a flotation belt. Half hour of water walking is said to be equivalent to a two-hour walk on land.
1504-F19B H. Ford Elem (Pool) 5:30-6:20 p.m.
F Sept. 20 12 weeks Elements of Exercise $84

Go Twice a week!!
1504-F19C H. Ford Elem (Pool) 5:30-6:20 p.m.
W/F Sept. 18 12 weeks Elements of Exercise $144

Learn to Swim

COED Learn to Swim
Need a little help or a lot of help--we offer a "Learn to Swim" program for any and all abilities. Class size remains small to accommodate any and all needs. Don’t wait to sign up!
1532-F19A Smith (Pool) 7-8 p.m.
Tu Sept. 3 12 weeks Marie & Ashton $85

Register On-Line @ www.dearbornCEonline.org

Adult WOMEN Only -- Swim Hour
Join the women of Dearborn for an activity hour of your choice. This man-free swim hour is great for the socializer, the casual swimmer, the exerciser, and the lap swimmer. Life guard will be on duty, but no instruction will take place during this open swim.
1502-F19A Henry Ford Elem (Pool) 6-7 p.m.
M Sept. 9 8 weeks $50

1502-F19B Henry Ford Elem (Pool) 7-8 p.m.
M Sept. 9 8 weeks $50

Aqua Zumba
This is the aqua fitness program everyone has been waiting for! We will integrate the Zumba formula and philosophy into aqua fitness disciplines and create a challenging and fun aqua workout to Latin and International music. Let's salsa and meringue in the water - like nothing you have done before! Join the party, ditch the workout.
1634-F19A Smith (Pool) 7:05-7:50 p.m.
Th Sept.19 12 weeks $84

Aquatic Aerobics -- Women Only
This class is for those ladies looking to tone and reduce weight -- remember, muscle weighs more than fat mass. This one hour class will offer students a thorough work-out.
1500-F19A H. Ford Elem (Pool) 6:30-7:20 p.m.
W Sept. 18 12 weeks $84

Register On-Line @ www.dearbornCEonline.org
Physical Fitness (Non Aquatic)

Head-to Toe Body Toning
Are you ready to work your entire body? This class blends cardio, strength, and core training to sculpt and contour your muscles, boost metabolism, and melt away inches. Dynamic and full of variations of basic, well-known moves, this class keeps things fresh and fun. We'll mix workout formats like cardio kickboxing, plyometrics, body weight training and high-intensity interval training (HIIT). So what are you waiting for?

Bring a mat, 3-5 lb hand weights, and water.
1647-F19A Lindbergh (Gym) 7-8 p.m. Tu Sept. 3 12 weeks
Brooke $78

Healthy Fun Chi Kung-Asian Yoga
The Art of Longevity with the Universal Healing (Way) Tao and Wild Goose Qi Gong instructor will lead you through gentle energy flow exercises, incorporating breath, sound, guided meditations, laughing, and acupressure points that improve & balance your life force energy. Some of the exercises are considered Medical Chi-kung as they are performed in China for their healing attributes. Additional concepts of the tao will be covered that complete the system of balanced health, nutrition, and timing. Another way to describe this is Asian YOGA from China.
1686-F19A The Heights 6:30-7:45 p.m. Th Sept. 12 12 weeks
Roney $108 Res/$81 Sr/$118 Non

Moving to the Oldies
Get a motivating workout to the songs you love to hear. Let's get our "move on" with a fun cardio workout with low-impact, joint-friendly routines to help burn away the calories. Next a 20-minute strength training portion to build and condition muscle mass for lasting health. Class ends with relaxing cool down and stretch. This is the class you've been waiting for!

Bring a mat, light hand weights and water.
1636-F19A Smith (Gym) 6:30-7:30 p.m. W Sept. 4 12 weeks
Brooke $78

Self-Defense for Women Ages 13 - Adult
This class is offered to women ages 13 and up. Students will learn fundamentals in both philosophy and self-defense skill techniques such as: blocks, strikes, kicks, joint lock releases, and take-downs under the instruction of a 4th Degree Master Black Belt. Loose fitting work out clothes suggested. This will be a low body impact course.
1410-F19A Lindbergh (Gym) 6:30-8:30 p.m. Th Sept. 5 1 session
Martial Arts USA $35

T’ai Chi Ch’uan & Chi Kung, Beginning
Attention to ancient Chinese wisdom. Exploring the "mind/ body" connection. Combining the "thinking mind" and a relaxed "moving body." Exercise suitable for all ages and promotes health and stability.
1601-F19A Edsel Ford (A1) 6-7 p.m. M Sept. 12 10 weeks
Mulkern $83 Res/$65 Sr/$90 Non

Yoga, Beginning
Learn to control your body and mind through yoga postures. Wear comfortable, stretchable clothing; bare feet preferred. Bring a mat, tie or strap and blanket are optional. Fast two hours before class or eat lightly.
1605-F19A The Heights 6-7 p.m. M Sept. 9 10 weeks
Kinaschuk $84 Res/$63 Sr/$90 Non

Yoga, Continuing
This class offers continued practice on the postures previously learned, plus an introduction to new postures.
1600-F19A The Heights 7:15-8:15 p.m. M Sept. 9 10 weeks
Kinaschuk $84 Res/$63 Sr/$90 Non

CALL (313) 827-1959 TO REGISTER!
Enrichment Classes

Zone Toning 2-in-1 Fat Blaster

Top Winners Five YEARS STANDING in the "WDIV VOTE 4 the BEST" Contest!!

If fat loss and creating muscle are your goals, this is your class. Busy people don’t have time to target one muscle group at a time, and then do a separate cardio workout. If you want to slim down and tone up fast, you need to do exercises that stimulate as many muscle groups as possible at the same time. Instructors keep classes progressive and dynamic to ensure muscle challenge with combination of Pilates, weights and resistance bands. Compound moves boost metabolism, increase heart rate and train multiple muscle groups at one time which creates optimal muscle definition and means you are automatically burning extra calories. Engaging more muscles puts you in the cardio zone without running, jumping or dancing. Total Fat BLAST each session!

Bring 3-5 lb. weights, water and a mat. Dyna-Band™ can be purchased from instructor for $6 each & Thermal Abdominal Bands $10

Enter Door #13, access through Notre Dame St. parking

Bootcamp Lite

NEW!

This is a total body workout, but with less intensity. The class structure is like a traditional Bootcamp class, but taught with lower impact exercises. It will include a warmup, various strength & cardio exercises, a core section followed by a group stretch with an increased focus on safety and form. This class is ideal for beginners and those looking to return to exercise, training after a pregnancy and individuals who prefer to train at a light pace. *Mat & 3-8 lbs weights needed.

1613-F19A Smith (Gym) 6:10-7 p.m.
M Sept. 16 12 weeks
Elements of Exercise $84

Cardio Drumming Beat Blast

This class combines drumming with high energy choreography. This class requires a bucket, exercise ball, and drumsticks. We will rock-out, sweat, and burn mega calories-pounding on a ball with drum sticks all to the beat of the hottest music. Stability Ball and Laundry Bucket needed. (See photo below or Internet search: Cardio Drumming equipment).

1685-F19A DuVall (Gym) 7:10-8 p.m.
Tu Sept. 17 10 weeks
Elements of Exercise $70

Enter Door #13, access through Notre Dame St. parking

Cardio Kickboxing Sculpt

Tired of the monotonous cardio workout? Develop new skills and a strong core as you burn a ton of calories in this fierce but fun kickboxing class. This class consists of 30 minutes of fat-blasting cardio kickboxing followed by sculpt & tone segment using 3 - 5 lb. weights. This intense cardio based class offers easy to follow combinations of upper-body & lower-body strikes, blocks and athletic drills. The class ends with a killer mat workout. **Mat & 3-5 lb weights needed, hand wraps or gloves recommended.

1680-F19A Smith (Gym) 6-6:50 p.m.
Th Sept. 19* 12 weeks
Elements of Exercise $84

*No Class on 10/31 & 11/28

Physical Fitness Classes

by Elements of Exercise

Ballet Core Pilates

Ballet-Core-Pilates-Fusion is a unique class that combines two tried-and-true disciplines into one optimal workout. Pilates strengthens and stretches the major muscles, activates your core (the band of muscles below your chest), and energizes your body. Ballet increases blood flow, develops poise, promotes good posture, and improves balance. The results? Sculpt your arms, legs, hips, and core – and look trimmer than ever! Reduce backaches and stress, Develop stature, support the spine, and feel steady on your feet. Gain an incredible sense of ease throughout your body. Get that dancers body! No dance experience required. Open to all fitness levels. Bring a pair of light 2-3 lb weights and mat.

1689-F19A Smith (Gym) 7:10-8 p.m.
Tu Sept. 17 12 weeks
Elements of Exercise $84

Enter Door #13, access through Notre Dame St. parking

* Unlimited $130 *

Cardio Kickboxing Sculpt

Tired of the monotonous cardio workout? Develop new skills and a strong core as you burn a ton of calories in this fierce but fun kickboxing class. This class consists of 30 minutes of fat-blasting cardio kickboxing followed by sculpt & tone segment using 3 - 5 lb. weights. This intense cardio based class offers easy to follow combinations of upper-body & lower-body strikes, blocks and athletic drills. The class ends with a killer mat workout. **Mat & 3-5 lb weights needed, hand wraps or gloves recommended.

1680-F19A Smith (Gym) 6-6:50 p.m.
Th Sept. 19* 12 weeks
Elements of Exercise $84

*No Class on 10/31 & 11/28

Enter Door #13, access through Notre Dame St. parking
Fat Burning Pilates

Through this invigorating workout, you will learn to utilize our "powerhouse," while including a series of postures and breathing exercises practiced to achieve control of the body, mind and breath. Power Pilates is proved to deliver a satisfying workout with strengthening, body-shaping effects. The effect is to strengthen and tone muscles without adding bulk. As a bonus, when you add muscle to your body you stimulate your metabolism. This helps to decrease your body fat by burning calories and fat for a longer, leaner look. Mat needed.

1661-F19A Stout (Small Gym) 7:10-8 p.m.
M Sept. 16* 12 weeks

Elements of Exercise $84

*No class on 11/11

Lean & Mean Kettlebell Class

Kettlebells are the hottest fitness trend today!

Kettlebells resemble cannon ball shaped weights with a handle on top. Training with Kettlebells you will gain tighter legs, gluts, back, arms and abdominals. It is the ultimate core workout, while developing your cardiovascular conditioning, power, stability, flexibility, balance, and agility. Focusing on form and technique, the Kettlebell class will work on foundation exercises like the swing, clean and press, snatch, as well as some great combinations, guaranteed to burn fat and build muscle. Our unique approach makes the class challenging but flexible enough for individuals of all fitness levels. In combination with plyometrics, body weight exercises, and other drills -- you will get lean in no time! * Bring a mat. Kettlebell needed. Women 8 lb.-10 lb. recommended. Men 10 lb.-20 lb. recommended.

1630-F19A Smith (Gym) 6-6:50 p.m.
Tu Sept. 17 12 weeks

Elements of Exercise $84

Enter Door #13, access through Notre Dame St. parking

Modern Line Dancing--Beginner

Line Dancing isn’t just about country-western anymore! This class is modern line dancing and will incorporate various styles and you will be moving to music including: the oldies, country, urban, Latin and more. Learn dance including urban sophistication, swing, waltzes, nightclub dances and little Latin flavor. No partner needed -- perfect for singles and all ages. Line dancing is a great aerobic exercise and is much more fun than sweating at the gym!

1646-F19A Howard (Gym) 7-7:50 p.m.
W Sept. 18 12 weeks

Elements of Exercise $84

Modern Line Dancing--Advanced

Take your line dancing skills to the next level. This class is modern line dancing and will incorporate various styles and you will be moving to music including: The oldies, country, urban, Latin and more. Learn dance including urban sophistication, swing, waltzes, nightclub dances and little Latin flavor. Routines will be taught at a faster pace to maintain a killer cardio workout

1695-F19A Howard (Gym) 6-6:50 p.m.
W Sept. 18 12 weeks

Elements of Exercise $84

Zumba

Zumba is a fusion of Latin and International music -- dance themes that create a dynamic, exciting, effective fitness system. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. Zumba utilizes the principles of fitness interval training and resistance training to maximize caloric output, fat burning and total body toning. Dance your way fit. Join the party... ditch the workout!

1625-F19A DuVall (Gym) 6-6:50 p.m.
Tu Sept. 17* 12 weeks

Elements of Exercise $84

*No Class on 11/12

Zumba Gold--Beginner Class

Zumba Gold, the optimum blend of sexy Zumba rhythms for the beginner or someone looking for a lower impact Zumba class. This class is designed specifically to be safe and effective -- but still an absolute blast -- for the active older adult as well as those just beginning to adopt a fitness-oriented lifestyle. Gold takes our Zumba basic program and makes Zumba accessible to active older adults, de-conditioned, pregnant, and those recovering from injuries. Zumba Gold is either standing or seated. It incorporates fun music and Latin and international dance rhythms.

1665-F19A Howard (Gym) 6:10-7 p.m.
Th Sept. 19* 10 weeks

Elements of Exercise $70

11/7 & 11/14 classes at Stout (Activity Room)

*No Class on 10/31 & 11/28

CALL (313) 827-1959 TO REGISTER!

Register On-Line @ www.dearbornCEonline.org
Elementary & Cartoon Drawing  

**Ages 6-12**

The secret to our success is that children ALREADY love to draw—we just take their love a little further by giving them a solid foundation that will take their drawings from doodles to confidence-boosting achievements. During our once-a-week classes, we use an innovative step-by-step approach on drawing topics your kids can relate to and learn from. Watch your child reach new level of potential with this engaging, award-winning program. "Young Rembrandts" is a different kind of learning and a powerful kind of fun!

**Elementary Drawing**

- **2071-F19A** Lindbergh (Art Room) 5-6 p.m.
  - M Sept. 16 6 weeks
  - Power of Drawing $84

- **2071-F19B** Howard (Art Room) 3:45-4:45 p.m.
  - Tu Sept. 17 6 weeks
  - Power of Drawing $84

- **2071-F19C** Duvall (Art Room) 3:45-4:45 p.m.
  - Tu Sept. 17 6 weeks
  - Power of Drawing $84

- **2071-F19D** Haigh (Art Room) 3:45-4:45 p.m.
  - W Sept. 18 6 weeks
  - Power of Drawing $84

**Cartoon Drawing**

- **2071-F19E** Lindbergh (Art Room) 5-6 p.m.
  - M Nov. 11 6 weeks
  - Power of Drawing $84

- **2071-F19F** Howard (Art Room) 3:45-4:45 p.m.
  - Tu Nov. 5 6 weeks
  - Power of Drawing $84

- **2071-F19G** Duvall (Art Room) 3:45-4:45 p.m.
  - Tu Nov. 5 6 weeks
  - Power of Drawing $84

- **2071-F19G/H** Haigh (Art Room) 3:45-4:45 p.m.
  - W Nov. 13 6 weeks
  - Power of Drawing $84

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**HYPE Fundamentals School of Basketball -- Boys & Girls  
Ages 6-14**

This training clinic serves as an introduction to the entire sport of basketball. The program includes 6 weeks of total offense and defense instruction and 2 weeks of games at the recreational level. Participants will be divided by age group. Coaches at HYPE have experience at the high school and/or collegiate level. **Please bring water.**

- **2006-F19A** Maples (Gym) 6:30-8 p.m.
  - M Sept. 9 8 weeks
  - HYPE Athletics Community $64

- **2006-F19B** Bryant (Gym) 6:30-8 p.m.
  - Th* Sept. 12 8 weeks
  - HYPE Athletics Community $64
  *No Class 10/31

- **2006-F19C** Geer Park (Gym) 6:30-8 p.m.
  - F Sept. 13 8 weeks
  - HYPE Athletics Community $64

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**HYPE Elite Volleyball Clinic  
Girls Only  
Ages 8-14**

Develop your skills as a volleyball player and athlete through drills, passing, setting, blocking, serving, speed and agility and structured scrimmages. The girls will be divided by age group. Our coaches have been trained and tested to teach the sport both verbally and physically. **Please bring water.**

- **2007-F19A** Geer Park (Gym) 6:30-8 p.m.
  - Th Sept. 19 6 weeks
  - HYPE Athletics Community $48

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**CALL (313) 827-1959 TO REGISTER!**
School-Age Enrichment Classes

**FREE**
Dearborn Public Schools
Parent/Child University
Call 313-827-6150

### Karate Kids Program
**Ages 6-12**
The Karate Kids Program is an introductory karate class specifically designed for children aged 6-12. The program includes fun and exciting activities designed to teach: Respect, Integrity, Self-Confidence, Self-Esteem, moderate Self-Defense, and Fitness. **Wear loose fitting clothing.**
- 2009-F19A Lindbergh (Gym) 6:45-7:30 p.m.
- W Sept. 4 4 weeks
- Martial Arts USA Staff
- $35

### Little Dragons Karate
**Ages 4 & 5**
The Little Dragons Karate Program is an introductory karate class specifically designed for children ages 4 and 5. This program aids in the teaching of 7 essential life skills: Focus, Memory, Discipline, Self-Control, Fitness, Balance, and Coordination. All of this is achieved through exciting and fun activities!
- 2010-F19A Lindbergh (Gym) 6-6:30 p.m.
- W Sept. 4 4 weeks
- Martial Arts USA Staff
- $35

### PURRfect Presentations Workshop
**Middle School**
Do you get "FRIGHTENED" and "FREEZE" when it is time to make a presentation? Well fret no more! This interactive workshop will focus on fun ways to participate in a variety of hands-on activities and exercises designed to enhance your self-esteem, boost your confidence and make your presentations Purrfect!!
- 2077-F19A Dearborn High (A9) 6-7:30 p.m.
- M Sept. 16 1 session
- Ready, Set, Go Training
- $15

### Self-Defense for Women
**Ages 13 & older**
This class is offered to women ages 13 and up. Students will learn fundamentals in both philosophy and self-defense skill techniques such as: blocks, strikes, kicks, joint lock releases and takedowns under the instruction of a 4th Degree Master Black Belt. This will be a low body impact course. **Wear loose fitting workout clothing.**
- 1410-F19A Lindbergh (Gym) 6:30-8:30 p.m.
- Th Sept. 5 1 session
- Martial Arts USA
- $35

Register On-Line @ www.dearbornCEonline.org
Kids Swim

Three levels of swimming instruction are offered to children from preschool through middle school age. The program follows American Red Cross guidelines. Children are to be accompanied by a parent or guardian. Parents are welcome to view the swim instruction from the seating area. Locker rooms are open for changing, but no lockers are available for storage. *Boys up to age 5 may use the Girls’ locker room with their mothers, and girls up to age 5 may use the Boys’ locker room with their fathers.*

**Each class is limited to eight students. The instructor is certified as an American Red Cross Lifeguard**

**Level 1**
This level emphasizes water exploration. Course also includes aquatic safety skills and introduction of preliminary swimming skills. Prerequisite: The child must be familiar with the aquatic environment and must be able to separate from parent to participate in a 30 minute class.

2102-F19A Smith (Pool) 5:30-6 p.m.
Tu Sept. 10 10 weeks
Marie & Ashton $60

2102-F19B Smith (Pool) 6-6:30 p.m.
Tu Sept. 10 10 weeks
Marie & Ashton $60

**Level 2**
Stroke fundamentals are emphasized, including floating, arm stroke, kicking and water safety. Prerequisite: Must have completed Level 1 or be a first time beginner who is comfortable entering the pool.

2103-F19A Smith (Pool) 6:30-7 p.m.
Tu Sept. 10 10 weeks
Marie & Ashton $60

2103-F19B Smith (Pool) 5:30-6 p.m.
Th Sept. 12 10 weeks
Marie & Ashton $60

**Level 3**
This course introduces beginning strokes - front crawl (breathing for front crawl) and breast stroke is emphasized. Diving in the pool and treading water are also incorporated. Prerequisite: The student must have completed the skills taught in Level 2.

2104-F19A Smith (Pool) 6:30-7 p.m.
Th Sept. 12 10 weeks
Marie & Ashton $60

2104-F19B Smith (Pool) 6:30-7 p.m.
Th Sept. 12 10 weeks
Marie & Ashton $60

**Parent and Child**
Water exploration for preschool-aged children with their parent is emphasized. Parents need to be in the pool to assist in games and positive reinforcement. Children who are not toilet trained must wear swim diapers under their swimsuits.

2100-F19A Smith (Pool) 5:30-6 p.m.
F Sept. 13 10 weeks
Marie & Ashton $60

2100-F19B Smith (Pool) 6-6:30 p.m.
F Sept. 13 10 weeks
Marie & Ashton $60

**Preschool**
The student becomes oriented and comfortable with water through water adjustment games. Primary swimming skills are introduced. Prerequisite: Child must be toilet trained and be able to separate from parent to participate in a 30 minute class.

2101-F19A Smith (Pool) 6-6:30 p.m.
F Sept. 13 10 weeks
Marie & Ashton $60

2101-F19B Smith (Pool) 6:30-7 p.m.
F Sept. 13 10 weeks
Marie & Ashton $60

CALL (313) 827-1959 TO REGISTER!
Sickle's Dance has been offering dance instruction to the Dearborn Community for 48 years. Director, Christine Sickle, is accredited through Dance Masters of Michigan/America, Cecchetti Council of America, and is a certified examiner of teachers through Dance Masters of America as well as the past president of Dance Masters of Michigan. She has trained numerous instructors in the art of dance. She was awarded Dearborn's Educator of the Year. Ms. Jaclyn and Miss Amanda are returning to the teaching staff. Both are advanced dancers with teaching experience.

**Tuition Payments:**
The Dance Year will be divided into two (2) equal payments: Fall & Winter

**Tuition Paid Before 3 p.m. on Aug. 30**
$65 one dance subject  
$55 additional subjects -- (for same child)

**Tuition Paid After 3 p.m. on Aug. 30**
$85 one dance subject  
$75 additional subjects -- (for same child)

**DANCE SHOES & ATTIRE:**

- **Ballet, Gymnastics** -- Pink Leather Ballet Shoes for Girls, any color leotard & tights. Black ballet shoes for boys & stretchy top and pants.

- **Hip Hop** -- Level 1 thru Intermediate: Pink Leather Ballet Shoes. Advanced: Black Jazz Shoes. Any color leotard & tights or aerobic outfit for all Hip Hop Dancers. No jeans.

- **Dance Shoes** can be purchased at Bees Dance and Skate in Westland, Target and Dancewear suppliers.

- **Dance Outfit** can be purchased at local discount chains and dancewear suppliers.

- **Dance Year is broken into 2 Payment Sessions** -- must be registered in both sessions to be in June dance recital.

- **Fall Dance Session #1** -- September to 10th lesson (end of November) will concentrate on dance technique and skill level

- **Winter Dance Session #2** -- January to Recital, emphasis is on recital routine in ALL classes. One trophy per student awarded at recital.

**Classes held at**

**Long Elementary School**  
3100 Westwood, Dearborn

**Recital is May 26 & 27, 2020**  
at Edsel Ford High School  
20601 Rotunda, Dearborn

Dance Questions? Call (313) 806-1463  
www.sicklesdance.net
PRE-SCHOOL CLASSES FOR 3-4 YEAR OLDS
Students must be 3 years old before first class.

Pre-School Ballet
This course is the basic introduction to the art of ballet for 3-4 year olds. Students will learn the basic technique of plie, tendus, retire, saute' jumps, arms movements, skips and turns.
2200-F19A  Long (Cafe)
6:00 - 6:30 p.m.  Th  Sept. 5
2200-F19B  Long (Cafe)
5:30 - 6:00 p.m.  Tu  Sept. 10

Pre-School Gymnastics
This course is the basic introduction to tumbling for 3-4 year olds. Students will learn stretching and coordination exercises, forward rolls and cartwheels.
2201-F19A  Long (Gym)
5:00 - 5:30 p.m.  Tu  Sept. 10

BEGINNER LEVEL CLASSES FOR 5-8 YEAR OLDS
Students must be 5 years old before first class.

Beginner Level I Ballet  (5-8 years old)
Students will learn the classical ballet technique. Students will learn barre exercises, center work and turns across the floor. Ballet is the basis and foundation for all dance disciplines to develop grace, poise, coordination and flexibility.
2203-F19A  Long (Gym)
6 - 6:30 p.m.  Tu  Sept. 10

Beginner Level I Jazz/Hip Hop  (5-8 years old)
Students will learn the basic instruction for jazz technique of stretching, performing isolations moves, exercises across the floor and learn dance combinations. Dancers will also learn popular Hip Hop and Dance Video Moves.
2205-F19A  Long (Cafe)
5 - 5:30 p.m.  Tu  Sept. 10

Beginner Level I Gymnastics  (5 years old & up)
This course is the basic gymnastics technique. Students will stretch, perform strength drills, learn front & back rolls, headstands, cartwheels, round-offs, and work toward more advanced stunts.
2206-F19A  Long (Gym)
5:30 - 6 p.m.  Tu  Sept. 10

ADVANCED BEGINNING LEVEL CLASSES

Advanced Beginning
Level 2 Gymnastics  (6-10 years old)
For students who have completed the Beginning Level 1 Gymnastics course. More advanced tumbling and gymnastic skills will be developed as students work toward more advanced stunts.
2220-F19A  Long (Gym)
7 - 7:30 p.m.  Th  Sept. 5

Advanced Beginning
Level 2 Ballet  (6-10 years old)
This course is the Advance Beginning instruction for classical ballet technique for students who have completed the Beginner Level 1 Ballet course. Students will work on developing their ballet technique and mastering higher level ballet combinations. Ballet is the basis and foundation for all dance disciplines to develop grace, poise, coordination and flexibility.
2210-F19A  Long (Gym)
6:30 - 7 p.m.  Th  Sept. 5

Advanced Beginning
Level 2 Jazz/Hip Hop  (6-10 years old)
This course is the advanced beginning instruction for students who have completed the Beginner Level 1 Jazz/Hip Hop course. Dancers will learn more difficult isolations and dance combinations as seen in Hip Hop and Dance Video routines.
2212-F19A  Long (Gym)
6 - 6:30 p.m.  Th  Sept. 5

CALL (313) 827-1959 TO REGISTER!

Register On-Line @ www.dearbornCEonline.org
### School-Age Enrichment Classes

#### Advanced Beginning

**Level 3 Gymnastics** *(7-10 years old)*
For students who have completed the Beginning Level 2 Gymnastics course. More advanced tumbling and gymnastic skills will be developed as students work toward more advanced stunts.

- **2220-F19A** Long (Gym)
  - **7:30 - 8:00 p.m.**  
  - **Tu**  
  - **Sept. 10**

**Advanced Beginning**

**Level 3 Ballet** *(7-10 years old)*
This course is the Advance Beginning instruction for classical ballet technique for students who have completed the Beginner Level 2 Ballet course. Students will work on developing their ballet technique and mastering higher level ballet combinations. Ballet is the basis and foundation for all dance disciplines to develop grace, poise, coordination and flexibility.

- **2210-F19A** Long (Gym)
  - **6:30 - 7:00 p.m.**  
  - **Tu**  
  - **Sept. 10**

**Advanced Beginning**

**Level 3 Jazz/Hip Hop** *(7-10 years old)*
This course is the advanced beginning instruction for students who have completed the Beginner Level 2 Jazz/Hip Hop course. Dancers will learn more difficult isolations and dance combinations as seen in Hip Hop and Dance Video routines.

- **2212-F19A** Long (Gym)
  - **7:00 - 7:30 p.m.**  
  - **Tu**  
  - **Sept. 10**

#### Intermediate Level Classes

**Intermediate Ballet** *(8 years old and up)*
This course is the intermediate instruction for classical ballet technique for students who have completed Level 3 Ballet course. Students will work on developing their ballet technique and mastering higher level ballet combinations. Ballet is the basis and foundation for all dance disciplines to develop grace, poise, coordination and flexibility.

- **2215-F19A** Long (Cafe)
  - **6:30 - 7:00 p.m.**  
  - **Tu**  
  - **Sept. 10**

**Intermediate Gymnastics** *(8 years old and up)*
For students who have completed the Level 3 Gymnastics course. More advanced tumbling and gymnastic skills will be developed as students work toward more advanced stunts.

- **2216-F19A** Long (Gym)
  - **7:30 - 8:00 p.m.**  
  - **Tu**  
  - **Sept. 10**

**Intermediate Hip Hop** *(8 years old and up)*
This course is the intermediate instruction for students who have completed the Level 3 Jazz/Hip Hop course. Dancers will learn more difficult isolations and dance combinations as seen in Hip Hop and Dance Video routines.

- **2222-F19A** Long (Cafe)
  - **7:00 - 7:30 p.m.**  
  - **Tu**  
  - **Sept. 10**

#### Advanced Level Classes

**Advanced Ballet** *(9 years old & up)*
This course is the advanced instruction for classical ballet technique for students who have completed Intermediate Ballet course. Students will work on developing their ballet technique and mastering higher level ballet exercises, turns, leaps & combinations. Ballet is the basis and foundation for all dance disciplines to develop grace, poise, coordination and flexibility.

- **2223-F19A** Long (Cafe)
  - **6:30 - 7:00 p.m.**  
  - **Th**  
  - **Sept. 5**

**Advanced Gymnastics** *(9 years old & up)*
For students who have completed Intermediate Gymnastics course. More advanced tumbling and gymnastic skills will be developed as students work toward more advanced stunts.

- **2226-F19A** Long (Gym)
  - **7:30 - 8:00 p.m.**  
  - **Th**  
  - **Sept. 5**

**Advanced Hip Hop** *(9 years old & up)*
This course is the advanced instruction for students who have completed the Intermediate Hip Hop course. Dancers will learn more difficult isolations and dance combinations as seen in Hip Hop and Dance Video routines.

- **2218-F19A** Long (Cafe)
  - **7:00 - 7:30 p.m.**  
  - **Th**  
  - **Sept. 5**
Computer Skills

Help!! I Have a Computer and the 8 Year Old is too Busy This Weekend
Meet computer author and instructor Mike Wilson and follow along with him through your 100-page, easy to understand, step-by-step, large print take-home book. This "senior-friendly" 5 hour workshop is for recent learners and tinkerers! Learn hands-on as you watch Mike’s demonstration from the large screen. Your patient instructor will cover topics such as: basic computer terms, using basic e-mail, printing options, websites, using apps, copying and pasting, basic word processing and editing changes, transferring cell phone pictures, saving files, changing desktop backgrounds, keyboard shortcuts, virus programs creating folders, and more! (See tons of Mike’s former students in class and their comments on www.ourseniorhelp.com). NOT for Apple/Mac users.

Book fee payable to the instructor at first class: $25
3027-F19A Parkside Church
9:30 a.m. - 3:30 p.m.** M
Sept. 16 1 Day
Wilson $80 Res/$60 Senior
**1-hour lunch on your own or bring your lunch.

Learn to Organize Computer Pictures, Files, Folders and E-Mail
Are your files, digital pictures, emails, and info. scattered everywhere on your computer? Author & Instructor Mike Wilson will demonstrate how to create an orderly system with pictures, files, & folders. Discover how to download and copy files from the Internet. See pictures transferred from a cell phone to a computer and how minor picture editing changes are made. Save files and projects on your computer, CDs, and flash drives, and easily find them. Learn how to create, copy, move, and relocate pictures and files. See a demonstration on arranging and deleting e-mails. In addition, search for misplaced files & locate them. Handouts given. (See tons of Mike’s former students in class and their comments on www.ourseniorhelp.com) NOT for Apple/Mac users.

Book fee payable to the instructor at first class: $25
3040-F19A Parkside Church
9 a.m. - 3:00 p.m.** M
Oct. 28 1 Day
Wilson 80 Res/$60 Senior
**1-hour lunch on your own or bring your lunch.

Personal Development

Creative Writing
Express yourself!! Explore various writing techniques through prompts or choose to work independently. Access memory and imagination to generate vivid writing! Learn to edit and tighten your prose or poetry. When you choose to share your writing, you’ll receive honest and supportive feedback.
3013-F19A Ford Community & Performing Arts Center
10 a.m. - 12 p.m. W
Sept. 25 10 weeks
Gautreau $75

T’ai Chi Ch’uan & Chi Kung, Beginning
Attention to ancient Chinese wisdom. Exploring the “mind/body” connection. Combining the “thinking mind” and a relaxed “moving body.” Exercise suitable for all ages. Emphasis on health and physical stability.
3014-F19A Ford Community & Performing Arts Center
12:00 - 1:00 p.m. F
Sept. 6 8 weeks
Mulkern $55

T’ai Chi Ch’uan & Chi Kung, Intermediate
This class is designed for students who have completed the Beginning T’ai Chi class with this instructor one or more times, and feel confident that they can venture into the Second Loop without feeling overwhelmed by it.
3035-F19A Ford Community & Performing Arts Center
1:00 - 2:00 p.m. F
Sept. 6 8 weeks
Mulkern $55
Dearborn Public Schools is committed to serving children and families!

We strive to provide quality programs that meet the ever-changing needs of our families. For that reason, we offer a variety of preschool options in addition to Kids Club, before and after school age program.

Mini Scholars and Little Scholars is our highly regarded, developmentally appropriate preschool program. We offer a 2-day session for Mini Scholars who are 3 by September 1st and a 3-day session for Little Scholars who are 4 by September 1st. We also offer a toddler and partner session for our Wee Scholars.

The Dearborn Montessori Preschool classroom is a blend of students who are 3 and 4 years old. Students must be 3 by March 1, of the current year. Our students attend five days a week, full day sessions experiencing the Montessori child-centered curriculum and methods.

All Day Preschool offers working parents the option of preschool 2-5 days a week, 10 hours or less. A developmentally appropriate center based curriculum is included with snacks, free play, lunch and rest time. This program is available to preschoolers who are 3 to 5 years old and toilet learned.

Half Day Preschool is a program for 3 and 4 year olds. This mixed age, center based classroom additionally focuses on Daily 5, early math and science concepts, and music and movement. Children must be 3 years old by September 1st and fully toilet learned. This program is available 3 to 5 days a week.

Kids Club, our school age before and after school program, operates at eight elementary schools. It is an enrichment program that offers a large variety of engaging activities, as support for the Core Values and the CATCH program. We also offer Kids Club as a Late Start only option where available. See the Kids Club staff at your school. The program is offered for STEM students through Howe at the Heights Center.

Summer Adventure Club is our fabulously fun summer program for students from 3 years to 12 years of age. Weekly themes and field trips keep the summer moving and your students engaged.

We are very proud of all the programs offered by the Early Childhood Department! Please call our main office if you have any questions or need further information. We are currently accepting registrations for programs for the 2019/20 school year. Thank you for your continued support!

Stephanie Stover, Early Childhood Supervisor

Early Childhood Programs Office

Address: Early Childhood Programs  
18700 Audette St. (Room 21), Dearborn, MI 48124

Business Hours: 8:00 a.m. - 4:00 p.m. Monday - Friday
Phone: 313-827-8350 Fax: 313-827-8355

FREE Dearborn Public Schools Parent/Child University Call 313-827-6150
Early Childhood Program

All Day Preschool

2 LOCATIONS:
Long Elementary • 3100 Westwood • 827-6146
Snow Elementary • 2000 Culver • 827-6260

This program offers developmentally appropriate centers such as literacy, math, dramatic play, art and block area for children to explore. Center time, large group, music & movement, and circle time foster social, cognitive, emotional and physical development in our preschoolers. Children between the ages of 3 and 5 years of age and toilet learned are eligible for this program. The All Day Preschool is available from 7:00 a.m. until 6:00 p.m. daily. Children must be 3 years old by September 1st.

All Day Preschool TUITION FEES:  

<table>
<thead>
<tr>
<th></th>
<th>1st Child</th>
<th>2nd Child</th>
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<tbody>
<tr>
<td>Daily</td>
<td>Weekly</td>
<td>Daily</td>
</tr>
<tr>
<td>Plan A: 9 hours or less per day</td>
<td>$44.00</td>
<td>$198.00</td>
</tr>
<tr>
<td>Plan B: More than 9 hours per day</td>
<td>$48.00</td>
<td>$216.00</td>
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You must reserve at least 2 days per week.

Non-refundable registration fee of $65.00 for the first child and $15.00 for each additional child.

Half Day Preschool

Haigh Elementary School • 601 Silvery Lane • 827-7630

Half Day Preschool is a developmentally appropriate center based program. Children must be 3 years old by September 1st and completely toilet learned. This classroom will allow children the mixed-age classroom opportunity to learn from one another at their own pace. The program is center based with Daily 5 literacy, early math concepts, science, music & movement, and developmentally appropriate activities. Come explore this Early Childhood learning opportunity at Haigh!

Half Day Preschool meets daily; student arrival begins 8:00 a.m. and departure at noon. Vacation periods are governed by the Dearborn Public Schools calendar. There is a non-refundable $65 registration fee for the first child and $15 for the second child.

Half Day TUITION FEES: Tuition is charged at a daily rate of $22 per day with a minimum of 3 days per week required.

Payment may be made by check, money order, MasterCard, Discover or Visa.  
No cash payments at site.
Early Childhood Program

For more than two decades, highly qualified Dearborn teachers have provided our community with one of the area's finest developmentally appropriate preschool programs. The years before kindergarten are a time of rapid growth and development and this stress-free environment is ideal for young children. Our "Scholars" preschool programs offer the perfect opportunity to nurture a successful school beginning!

Mini Scholars Preschool

Our Mini Scholars is a 2 hour twice weekly program (Tuesday and Thursday) for children who are three (3) years old on or before September 1st and are toilet learned. Vacation periods are governed by the Dearborn Public Schools calendar. The non-refundable resident's registration fee of $80.00 for the first child and $20.00 for each additional child or the Non-Residents registration fee of $100.00 include a materials fee per child. Tuition is pro-rated for winter semester only.

**Mini Scholars TUITION FEES:** Tuesday and Thursday $800.00

There is limited space available at some locations.

**Payment may be made by check, money order, MasterCard, Discover or Visa.**  
**No cash payments at site.**

Little Scholars Preschool

Little Scholars Preschool is a 3 hour program for 4 year old children offered three times per week (Monday, Wednesday and Friday). This 3 hour program emphasizes early math, science, literacy skills, and music & movement. This program is available to children who are four (4) by September 1st and are toilet learned. Vacation periods are governed by the Dearborn Public Schools calendar. The non-refundable resident's registration fee of $80.00 for the first child and $20.00 for each additional child or the Non-resident's registration fee of $100.00 include a materials fee per child. Tuition is pro-rated for winter semester only.

**Little Scholars TUITION FEES:** Monday, Wednesday and Friday $1,600.00
Early Childhood Program

Montessori Preschool

Howe School - 22586 Ann Arbor Trail, Dearborn Heights, MI 48127

Call for registration and tour information: 827-7686

The Dearborn Montessori Preschool is an academic program that educates the whole child -- socially, emotionally, physically and intellectually. The Montessori method uses a “prepared environment”. Its structure involves many materials used independently. The teacher acts as the facilitator, the child as the active learner. This is the core of Montessori’s educational philosophy.

Preschool is open to children who are 3 or 4 years old by March 1 of the current year.

TUITION AND FEES:

<table>
<thead>
<tr>
<th>Fee Type</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preschool registration fee</td>
<td>$75 (non-refundable)</td>
</tr>
<tr>
<td>Preschool materials fee</td>
<td>$50 (non-refundable)</td>
</tr>
<tr>
<td>Total Preschool enrollment fee</td>
<td>$200</td>
</tr>
</tbody>
</table>

Preschool full day:
- Dearborn residents: $5,600.00
- Non-residents: $6,540.00

Preschool tuition is conveniently divided into (10) ten monthly installments.

For preschool information: (313) 827-8350

Wee Scholars Preschool

A Program for Toddlers and Parents Together!

Long Elementary School - 3100 Westwood

The Wee Scholars provides an opportunity for children 18 months and older with their parents to participate in activities. We include sensory and social experiences, learning games, music, movement and even take-home activities. This one hour program meets once per week for 6 week sessions throughout the year.

Register for two consecutive 6 week sessions for only $110. Tuition for each 6 week session is $60.

Call (313) 827-6113 for more information

- Session 1: Sensory Discovery
- Session 2: A World of Color
- Session 3: Opposites
- Session 4: Things That Go
- Session 5: Animals, Animals, Animals

Each Tuesday session offers three classes. Choose from 11:30 a.m., 1:00 p.m., or 2:30 p.m.
Each Thursday session offers two classes. Choose from 11:30 a.m. or 1:00 p.m. (Arabic Session)
Early Childhood Program

Kids Club (School-Age Childcare)

Kids Club offers a variety of engaging activities and experiences for school age children ages 5 - 15. Kids Club is available at 8 elementary schools and also serves students from Divine Child, Bryant Middle School and the STEM program at the Heights Center. Kids Club offers time for homework as well as monthly themed programming focusing on Core Values, team building, crafts, theater, community involvement, skill building and our CATCH program. Vacation periods will be governed by the public school calendar. Additional sites may become available based on community needs and available space. Minimum enrollment must be maintained to offer the program.

Kids Club is currently offered at the following schools:

- DuVall
- Howard
- Haigh
- Lindbergh
- Long
- Snow
- Whitmore-Bolles
- Howe

Rates for 1st Child

<table>
<thead>
<tr>
<th>Time</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>A.M. (7:00 until school begins)</td>
<td>$9.00/d</td>
</tr>
<tr>
<td>P.M. (from end of school until 6:00)</td>
<td>$12.00/d</td>
</tr>
<tr>
<td>5 days A.M. and P.M.</td>
<td>$90.30/wk</td>
</tr>
<tr>
<td>For special 1/2 days of school</td>
<td>$10.00/d</td>
</tr>
</tbody>
</table>

Rates for 2nd Child

10% Discount

NOTE: Rates in effect September, 2019.
Non refundable registration fees: $65 for first child, $15 for each additional child.

Full days off from school follow the Preschool Childcare rates.
You must register for a consistent weekly schedule the equivalent of 2 sessions each week, 2 days per week. (For example: 2 mornings OR 2 afternoons)

For further information, please call 313-827-8350.

Payment may be made by check, money order, MasterCard, Discover or Visa. No cash payments at site.

Call (313) 827-8350 for registration information!

Kids Club is available at these schools for late start days during the 2019-20 school year:

- DuVall 827-2759
- Haigh 827-6209
- Snow 827-6260
- Howe at the Heights Center 402-6755
- Howard 827-6363
- Lindbergh 827-6310
- Long 827-6146
- Whitmore-Bolles 827-6808

For information and rates call: 827-6209 regarding Divine Child and Bryant Middle School 827-8350 regarding STEM Program at the Heights Center
### 2019 Adult Education Calendar

**Fall Semester**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>August 12, Monday</td>
<td>Adult Education Winter registration begins</td>
</tr>
<tr>
<td>August 30 - Sept. 2, Fri - Mon</td>
<td>No Registration, Labor Day Holiday</td>
</tr>
<tr>
<td>September 3, Tuesday</td>
<td>ESL/ABE/GED Day &amp; Evening classes begin</td>
</tr>
<tr>
<td>October 1, Tuesday</td>
<td>Adult Education Registration Ends</td>
</tr>
<tr>
<td>November 5, Tuesday</td>
<td>Election Day/No Classes, Teacher’s PD</td>
</tr>
<tr>
<td>November 27 - 29, Wed - Fri</td>
<td>No classes/Thanksgiving Holiday</td>
</tr>
<tr>
<td>Friday, December 13</td>
<td>ESL/ABE/GED day classes end</td>
</tr>
<tr>
<td>Wednesday, December 18</td>
<td>ESL/ABE/GED evening Mon/Wed classes end</td>
</tr>
<tr>
<td>Thursday, December 19</td>
<td>ESL/ABE/GED evening Tues/TH classes end</td>
</tr>
<tr>
<td>Friday, December 20</td>
<td>ESL/ABE/GED evening M/Wed classes end</td>
</tr>
<tr>
<td>Monday, December 23 - Friday, January 3</td>
<td>No Classes/Winter Break</td>
</tr>
</tbody>
</table>

### Adult Education includes:

- ESL, GED, High School Completion, Citizenship, and Computer Skills.

### CALL (313) 827-1900 FOR MORE INFORMATION

### REACH FOR YOUR GOALS!!

Get your High School Diploma or GED/HSE or learn to speak English
The mission of Dearborn Adult Education is to improve our students’ quality of life in an ever-changing global society. We shall provide an environment in which students have the opportunity to increase knowledge and to develop general, critical, and analytical thinking skills. We encourage the enhancement of self-esteem, personal growth, and an understanding and respect for all cultures.

REGISTRATION Begins Monday, August 12 at the Heights Campus and IS BY APPOINTMENT ONLY
Please call (313) 827-1900 to make an appointment.

Classes

**ESL - English As a Second Language***
Learn English -- See page 35.

**GED - General Education Development***
Prepare to take the GED Test -- See page 37.

**HSC - High School Completion**
Earn credit toward a High School Diploma -- See page 37.

Eligibility

Students enrolling in Adult Education classes must be 20 years or older as of September and must not be currently enrolled in a high school.

Fees

There will be a $30, cash only, non-refundable registration and assessment fee due at the time of registration for all ESL/GED/HSC classes.

Registration for ESL and GED classes will take approximately three hours. This will include an assessment test for proper placement.

Do not bring children with you or another appointment will have to be scheduled.

**Registration**

**Summer Registration:**
Begins August 12, 2019 at the Heights Campus.

Registration hours are Monday - Friday from 8:30 - 2:30 pm
Dates: 8/12, 8/13, 8/14, 8/15, 8/16, 8/19, 8/20, 8/21, 8/22, 8/23

**Fall Evening Registration Dates T/TR:**
5:00 p.m. - 9:00 p.m.
Dates: 8/27, 8/29, 9/3, 9/5, 9/10, 9/12, 9/17, 9/19, 9/24, 9/26, 10/1

All students must provide proof of age by any of the following:
- driver’s license  - state ID
- birth certificate  - passport

Students must also bring their social security card and proof of a diploma if they are a high school graduate or their college transcript.
ESL CLASSES

Learn to speak English!

Improve your skills in listening, speaking, reading, writing and numeracy!

Prepare for your Citizenship Test!

ESL Classes

Dearborn Adult Education is offering classes that will help you learn to read, write, and communicate in English..... and help you acquire the skills and knowledge to become active and informed parents, workers, and community members.

Classes will be offered for beginning, intermediate, and advanced learners. All classes will include listening, speaking, reading, writing, and numeracy.

Please Note -
Class placement will be based on the results of assessment testing done at registration.

Eligibility

ESL students must be 20 years or older as of September 1, and must not be currently enrolled in a high school.

ESL students under 20 years are eligible if they have a GED or a high school diploma.

Locations

DAY classes will be held at:
- Dearborn Heights Campus
  22586 Ann Arbor Trail
- Littlefield Presbyterian Church
  7560 Littlefield Blvd.
- Salina Intermediate School
  2623 Salina Street  (women only classes)

EVENING classes will be held at:
- The Heights Campus
  22586 Ann Arbor Trail

Class Schedules

DAY classes are:
Two-hour classes that meet for 14 weeks Monday through Friday.

EVENING classes are:
Three-hour classes that meet for 15 weeks Tuesday and Thursday from 6:00 p.m. to 9:00 p.m.

See Calendar on page 33 for start and end dates.
United States Citizenship

**CITIZENSHIP TEST!!**

Adult Education classes are an excellent place to learn English and prepare for the naturalization test.

**ORAL TEST**  
You MUST be able to speak in English.

**READING TEST**  
You MUST be able to correctly read in English.

**WRITING TEST**  
You MUST be able to correctly write a sentence dictated by the examiner.

**CIVICS TEST**  
You MUST be able to answer questions about the American Government, American History, and Integrated Civics

**Eligibility**
- Students MUST be lawful permanent residents (LPRs).
- Students must be 20 years or older as of September 1.
- Students must be assessed at intermediate or advanced levels to be eligible for this class.

**Locations**

**Salina Intermediate School**  
2623 Salina St.  
Monday-Friday, 10:00 a.m.-12:00 p.m.

**Dearborn Heights Campus**  
22586 Ann Arbor Trail (1-3 p.m.)
&
**Littlefield Presbyterian Church**  
7560 Littlefield  
Monday-Friday, 10:30 p.m.-12:30 p.m.

**Fee**

Classes are free except for a $30 non-refundable, registration and assessment fee.

**Understanding basic computer functions is important for personal use and for workplace skills. This class will help you acquire and/or Improve Your Computer Skills!!**

**Computer Skills for the Workplace**

**Fee**

There will be a $30 non-refundable assessment fee due at the time of registration.

**Eligibility**

Students must be 20 years or older as of September 1 and not currently enrolled in a high school.

Students must be assessed at intermediate or advanced levels. Levels are determined by testing at registration.
Adult Education Program

GED Preparation Classes (General Education Development)

Prepare to take the GED test!

Improve your basic skills in reading, writing, and math!

Classes
Dearborn Adult Education offers GED Preparation classes to those preparing for the GED test. Focus is on the five areas of reading, writing, social studies, math, and science.

Eligibility
- GED students must be 20 years or older as of September 1.
- Students must be able to read and write English at the 9th grade level and possess 9th grade math skills.*

*Students assessed below the 9th grade reading level will be placed in Adult Basic Education (ABE) classes focused on building reading and math skills.

Locations
All GED Preparation (Day and Evening) classes will be held at:

Dearborn Heights Campus
22586 Ann Arbor Trail
Dearborn Heights 48127

Class Schedule
Day classes are two hour classes that meet Monday through Friday for 12 weeks.

Evening classes are three hour classes that meet Tuesday and Thursday evenings from 6:00 - 9:00 p.m. Classes are 15 weeks.

See Calendar on page 33 for start and end dates.

High School Completion (HSC) Classes

Get your High School Diploma!

Take classes to obtain employment!

Enhance your skills to improve your current job!

Eligibility
HSC students must be 20 years or older as of September 1.

A minimum of 19 credits is required to be eligible for the high school completion program and score Level 5 on placement test.

Transcript
In order to assess academic needs, transcripts must be brought with you for analysis prior to registration.

Classes
High school classes are offered to those who need credit to get a high school diploma.

Classes are on-line so internet access outside the classroom is required.

Internet access can also be scheduled in the Adult Education Office at the Heights Campus.

Registration
Call (313) 827-1900 for registration information and appointment.
GEAR-D: GED Education And Resources Dearborn

FREE CAREER TRAINING WHILE COMPLETING YOUR HIGH SCHOOL DIPLOMA OR GED!!

- Accounting
- Business Tech & Management
- Intro to Marketing
- Marketing Management
- Allied Health
- Advanced Allied Health
- Pharm Tech
- ER Response Training

GED Education AND Resources Dearborn (GEAR-D) is a FREE 15 week program wherein students will attain a GED and stackable, marketable credentials for immediate entry into industry fields that include business and health certifications. This program is a partnership between Dearborn Public Schools Adult Education, the Michael Berry Career Center and Michigan Works!

The GEAR-D students would be dually enrolled into a GED or High School Equivalency (HSE) program while working directly with certified teachers in a hands-on career and technical education setting in either Business or Health programs.

GET GEAR-D up about your Future- CALL TODAY!

Dearborn Adult & Community Education
22586 Ann Arbor Trail
Dearborn Heights MI 48127
(313) 827-4820
meikkim@dearbornschools.org
Adult and Community Education Offices
22586 Ann Arbor Trail
Dearborn Hts., MI 48127

MaP

Adult Ed. General Information: 827-1900
Community Ed. General Information: 827-1912

1. Administrative Services Center
   18700 Audette

2. Becker Elementary School
   10821 Henson

3. Michael Berry Career Center
   (Dearborn Public Schools Heights Campus)
   22586 Ann Arbor Trail

4. Bryant Middle School
   460 North Vernon

5. Cotter Early Childhood Center
   13020 Osborn

6. Dearborn High School
   19501 Outer Drive

7. DuVall Elementary School
   22561 Beech

8. Edsel Ford High School
   20601 Rotunda

9. Ford Community & Performing Arts Center
   15801 Michigan Avenue

10. Henry Ford Elementary School
    16140 Driscoll

11. William Ford Elementary School
    14749 Alber

12. Fordson High School
    13800 Ford Road

13. Geer Park Elementary School
    14767 Prospect St.

14. Haigh Elementary School
    601 North Silvery Lane

15. Howard Elementary School
    1611 North York

16. Howe School
    (Dearborn Public Schools Heights Campus)
    22586 Ann Arbor Trail

17. Lindbergh Elementary School
    500 North Waverly

18. Long Elementary School
    3100 Westwood

19. Lowrey School
    6601 Jonathon

20. McCollough-Unis Elementary School
    7801 Maple

21. McDonald Elementary School
    10151 Diversity

22. Miller Elementary School
    4824 Lois

23. Montessori Academy
    (Dearborn Public Schools
    Heights Campus)
    22586 Ann Arbor Trail

24. Nowlin Elementary School
    23600 Penn

25. Oakman Elementary School
    7545 Chase Rd.

26. River Oaks Elementary School
    20755 Ann Arbor Trail

27. Salina Intermediate
    2623 Salina Street

28. Smith Middle School
    23851 Yale

29. Snow Elementary School
    2000 Culver

30. Stout Middle School
    18500 Oakwood

31. Whitmore-Bolles Elem. School
    21501 Whitmore

32. Woodworth School
    4951 Temes
FALL 2019
Community Education Calendar

Monday, August 7 ............................................... On-Line Community Education registration begins
Monday, August 12 ............................................... Phone In Community Education registration begins
Tuesday, September 3 ........................................... Most Community Education classes begin this week
Wednesday, September 11 ......................... No Classes in Middle Schools/Open House
Thursday, September 12 ............................. No Classes in Elementary Schools/Open House
Mon/Wed, October 14 & 16 ............................... No Classes in High Schools/Parent Teacher Conferences*
Tuesday, November 5 ....................................... No Classes/Election Day
Thur, Nov. 7 & Tues/Thur, Nov. 12 & 14 .......... No Classes in Elementary Schools/Parent Teacher Conferences*
Mon/Wed, November 11 & 13 ............................... No Classes in Middle Schools/Parent Teacher Conferences*
Wed-Fri, November 27-29 ............................... No Classes in all schools/Thanksgiving Holiday

*On the nights of Open House or Parent Teacher Conferences there will not be Community Education Classes in those schools.

For Adult Education Calendar see p. 33